

COLETTE BARON-REID'S *FREE* VIDEO SERIES

# ORACLE-FLIX

How to Thrive in Challenging Times with Oracle Cards

Video 2

## Listening to The Voice of The Soul

In this exercise, you're going to have a creative conversation with your soul-self.

You'll need your journal or notebook and your Oracle cards. Remember, if you don't have one of my decks, you can use the virtual deck included with this video.

To begin, close your eyes and focus on your soul. Allow yourself to sink into that love and safety. If your soul were in charge what would you hear? What would you feel?

Write down what you feel your soul is to you.

COLETTE BARON-REID'S *FREE* VIDEO SERIES

# ORACLE-FLIX

## How to Thrive in Challenging Times with Oracle Cards

You're going to ask your soul, "**What do I need to know or do so I can hear you better?**"

Read the guidebook message and make a note of any lines that stand out to you. Write down your reflections.

If the card is upside down (in protection) only read the protection message.