

COLETTE BARON-REID'S

THE *Spirit* OF YOUR
BUSINESS
BOOTCAMP

Part 2



Take The Spirit of Your Business on a Date



*“To get started with falling in love
with your business, or reigniting
that spark and falling BACK in love...
you’ve got to do one simple thing,
and that’s Take The Spirit of Your
Business On A Date!”*

Colette Baron-Reid

Taking the Spirit of Your Business on a Date Worksheet

Take a few moments to reflect on your experience of Taking the Spirit of Your Business on a date in the second video of the Spirit of Your Business Bootcamp. Use the following prompts to guide your reflections and write or type your responses in the spaces provided.

1. The Date Location

Describe the location where you shared a meal with the Spirit of Your Business. What did it look like? How did it make you feel?

2. Signs of Scarcity or Abundance

Did your surroundings and the food served represent abundance or did you notice any signs of scarcity around on your date? What does that mean to you?

3. Getting to know the Spirit of Your Business

Describe the interaction you had with the Spirit of Your Business. What did it share about itself? Did you learn how old it is, who sent it, or any other details about its character and its purpose?

4. Your Relationship With Your Business' Spirit

Describe the relationship you and the Spirit of Your Business are developing. Did it tell you anything you could do to support it? What did it say it could do for you? Write any insights you gained through taking time to get to know the Spirit of Your Business about the role you play for each other.

5. Your Feelings About the Relationship's Next Steps

After going on a date with the Spirit of Your Business, how are you feeling? Do you feel excited and ready to announce your relationship and make it official? Or are there some lingering doubts and fears coming up? Whatever you're experiencing is perfectly ok! Take a few minutes to reflect on what you're feeling.

Reflect on the Cards the Spirit of Your Business Pulled for You

The Spirit of Your Business shared a message with you in the form of two Oracle Cards that will remind you of the unique role you play in the success of your business and in the partnership, and what steps you need to take to prepare yourself for the abundance that is waiting for you.

After you [pull two cards from your Oracle Card deck](#), write down the names of the two cards you pulled and anything that came up for you as you read the corresponding messages.

CARD 1:

Key Message

CARD 2:

Key Message

What do these Oracle messages mean to you?