

COLETTE BARON-REID'S

THE *Spirit* OF YOUR
BUSINESS
BOOTCAMP

Part 3



The Journey Forward with the Spirit of Your Business



“Once you have a clear vision and anchor it in your body, achieving your goals becomes easier and clearer.”

Colette Baron-Reid

The Journey Forward with the Spirit of Your Business Worksheet

Take a few moments to reflect on taking The Journey Forward with the Spirit of Your Business in the third video of the Spirit of Your Business Bootcamp. Use the following prompts to guide your reflections and write or type your responses in the spaces provided.

1. The Magic Carpet Ride with The Spirit of Your Business

Describe the magic carpet ride you went on with the Spirit of Your Business.
What did you see and experience along the way?

2. Exploring the Field of Possibility

Now that you've gone on a journey with the Spirit of Your Business and experienced the Field of Infinite Possibilities, what did you feel and discover? Spend a few minutes reflecting on the feelings you felt and the possibilities you saw during the exercise.

3. The Threads of Your Business' Blueprint

What did you discover about the threads of your business' blueprint? What threads came up from your past? What about your present and future? What feelings did you feel as you blessed each of the threads?

4. Seeing into the Future with the Spirit of Your Business

What new possibilities did you see as you traveled into the future with the Spirit of Your Business? What feelings and experiences were present in your vision for your future together?

5. Partnering With the Spirit of Business

What have you learned over the course of this bootcamp about your partnership with the Spirit of Your Business? What key messages or lessons will you take with you as you move forward in your business?

Congratulations!

You just completed The Spirit of Your Business Bootcamp!

Your next step → [Learn more about The Spirit of Your Business Masterclass and join us, 100% risk-free.](#)